

PREOP CONTINUATION OF MEDICATIONS – continue **all** meds except:

ANTICOAGULANTS (including aspirin): Instructions on holding anticoagulants need to come from the prescriber, the surgeon, or a consultant

NSAIDs: Hold for 4 days (unless otherwise instructed by the surgeon)

INSULINS: Continue as normal until the morning of procedure:

- If BG > 140, take one-half of AM dose of long-acting insulins (LANTUS, LEVEMIR, TOUJEO, TRESIBA)
- Pumps – suggest decreasing the basal rate by one-half (patient may override this instruction)
- Hold all other insulins

ORAL DIABETIC MEDS:

- Always hold the DOS, even if prescribed for non-diabetics
- Additionally, hold SGLT2 inhibitors (FARXIGA, INVOKANA, JARDIANCE, BRENZAVVY) for 72 hrs in diabetics having major surgery involving the head, neck, abdomen or spine

INJECTABLE NON-INSULIN DIABETIC and WEIGHT LOSS MEDS: For those on once daily dosing, just hold the day of surgery. For those on weekly dosing, hold for 7 days whenever possible

DIURETICS: Hold the day of surgery if no history of HF

BIOLOGICS (REMICADE, HUMIRA, ENBREL, ORENCIA, etc.): The timing of intermediate and major surgery should be delayed until one week has passed after the most recent dose. No such delay required for minor surgery

OTCs:

- Ideally hold all herbal meds for 7 days (will not cancel case if this is not possible)
- Ideally hold vitamin E supplements for 7 days (will not cancel case if this is not possible; vitamin in a multivitamin form can be continued through day prior to surgery)
- Cannabis in all forms – Do not consume two hours before arrival

Type-A MAO Inhibitors for Depression: Hold for 7 days, but only under psychiatric supervision

NARCOTIC LIMITERS: Continue DOS for minor surgery, otherwise consult anesthesia for instructions

Generic Name	Trade Name	Dosing	Frequency	Use
Buprenorphine	BELBUCA	ODT/SL	Daily	Narc control
	BRIDAXI 8-32	ODT/SL	Weekly	Narc control
	BRIDAXI 64-128	SQ	Monthly	Narc control
	BUTRANS	Patch	Weekly	Narc control
	SUBLOCADE	SQ	Monthly	Narc control
Buprenorphine + naloxone	SUBOXONE	ODT/SL	Daily	Narc control
	ZUBSOLV	ODT/SL	Daily	Narc control
Naltrexone	REVIA	PO	Daily	Narc control
	VIVITROL	IM	Monthly	Alcoholism
Naltrexone with antidepressant	CONTRAVE	PO	Daily	Weight loss