

## ERAS QUICK REFERENCE, SWA 2023

|   | Block                  | Neurontin | Tylenol | Decadron<br>high dose              | Ketamine | Precedex | Toradol            | Scopolamine | 4 Antiemetics<br>incl. scop patch | Notes                                    |
|---|------------------------|-----------|---------|------------------------------------|----------|----------|--------------------|-------------|-----------------------------------|--|
| Timing >  |                        | PAA       | PAA     | Induction                          | Intra-op | Intra-op | Closure            | PAA         | Intra-op                          |  |
| <b>Abdominal<br/>Colorectal</b>                         | TAP/RS                 | No        | Yes     | <b>No</b>                          | PRN      | PRN      | Yes                | Yes         | Yes                               | Consider<br>epidural if open<br>surgery  |
| <b>Bariatric</b>  | No                     | No        | Yes IV  | Yes 4mg max                        | PRN      | No       | No                 | Yes         | Yes                               |  |
| <b>Major Hernias</b>                                    | TAP/RS                 | No        | Yes     | Yes                                | PRN      | PRN      | Yes                | Yes         | No                                |  |
| <b>Minor Hernias</b>                                    | TAP/RS<br>optional     | No        | Yes     | Yes                                | No       | PRN      | Yes                | PRN         | No                                |  |
| <b>Cholecystectomy</b>                                  | TAP/RS<br>optional     | No        | Yes     | Yes                                | No       | PRN      | Yes                | Yes         | No                                |  |
| <b>Major Abdominal<br/>GU</b>                           | TAP/RS                 | No        | Yes     | Yes                                | PRN      | PRN      | Yes                | Yes         | No                                | Consider<br>epidural if open<br>surgery  |
| <b>Hysterectomy,<br/>total</b>                          | TAP/RS                 | No        | Yes     | Yes                                | PRN      | PRN      | Yes                | Yes         | Yes                               |  |
| <b>Minor Abdominal<br/>GYN</b>                          | TAP/RS<br>optional     | No        | Yes     | Yes                                | No       | PRN      | Yes                | Yes         | Yes                               |  |
| <b>Major Breast</b>                                     | ESP or PEC<br>optional | No        | Yes     | Yes                                | No       | PRN      | No                 | Yes         | Yes                               |  |
| <b>Major Spine</b>                                      | No                     | Yes       | Yes     | Yes                                | Yes      | Yes      | Check<br>w/surgeon | Yes         | Yes                               | Methadone                                |
| <b>Open AAA</b>   | Epidural               | No        | No      | No                                 | No       | No       | No                 | No          | No                                | TAP/RS if<br>epidural<br>contraindicated |
| <b>Cardiac</b>  | SAP for some           | Yes       | Yes     | Yes                                | Yes      | Yes      | No                 | No          | No                                |  |
| <b>Total Joint</b>                                      | Per protocol           | No        | Yes     | Yes hold if DM<br>except Panigutti | PRN      | PRN      | Yes                | Yes         | Yes                               |  |
| <b>Other Ortho</b><br><i>proximal to wrist or ankle</i> | Per protocol           | No        | Yes     | Yes                                | PRN      | PRN      | PRN                | PRN         | No                                |  |
| <b>Major Plastics</b>                                   | No                     | No        | Yes     | Yes                                | PRN      | PRN      | No                 | Yes         | Yes                               |  |