

ERAS QUICK REFERENCE — SOUTHWEST ANESTHESIA 2026

Surgery Type	Block	Tylenol	Decadron (High-dose)	Ketamine	Precedex	Toradol	Journavx	Scop Patch	3-IV Antiemetics	Methadone	Notes
Timing	PAA	PAA	Induction	Intra-op	Intra-op	Closure	PAA	PAA	Intra-op	Induction	
Abdominal Colorectal	PRN	✓	⊘	PRN	PRN	✓	Surgeon Specific	✓	✓	⊘	Consider epidural if open
Hernias	PRN	✓	✓	PRN	PRN	✓	Surgeon Specific	✓	PRN	⊘	
Cholecystectomy	⊘	✓	✓	⊘	PRN	✓	Surgeon Specific	✓	PRN	⊘	
Major Abd GU	PRN	✓	✓	PRN	PRN	✓	⊘	✓	PRN	⊘	Consider epidural if open
Total Hyster	PRN	✓	✓	PRN	PRN	✓	⊘	✓	✓	⊘	
Minor Abd GYN	⊘	✓	✓	⊘	PRN	✓	⊘	✓	✓	⊘	
Major Breast	⊘	✓	✓	PRN	PRN	⊘	⊘	✓	✓	⊘	ESP or PEC optional
Major Spine	⊘	✓	✓	✓	PRN	⊘	✓	✓	✓	✓	Omit Ketamine if Methadone
Open AAA	✓	⊘	⊘	PRN	⊘	⊘	⊘	⊘	PRN	⊘	Epidural preferred over block
Total Joint	✓	✓	✓	PRN	PRN	✓	Surgeon Specific	✓	✓	⊘	
Ortho Prox to Hand or Ankle	✓	PRN	PRN	PRN	PRN	✓	⊘	PRN	PRN	⊘	Check with surgeon re Toradol
Major Plastics	⊘	✓	✓	PRN	PRN	PRN	⊘	✓	✓	⊘	
C-section	PRN	✓	✓	PRN	⊘	✓	⊘	⊘	✓	⊘	Consider block if no Duramorph
ATC Dosing (Post-op)		✓				✓	✓				Toradol or PO NSAID

✓ = Standard
⊘ = Not Used
PRN = As Needed
Drs. Keppler, Lai, Lika
ATC = Post-op