

SOUTHWEST ANESTHESIA TSC/BCSC PATIENT SELECTION GUIDELINES 2025

MORBID OBESITY

- BMI of 50 or more – MAC only. No GA
- BMI 40-49 – they can have GA unless:
 - They have OSA with a score of 4 or more
 - They are undergoing an ENT procedure involving the airway
 - They have significant comorbiditySuch comorbidity includes (but is not limited to) the 5 C's: CAD, CHF, CKD, CVA, COPD

OSA SCORING - Score must be < 4

1. Case type
 - a) MAC = 1 point
 - b) GA minor case = 2 points
 - c) GA major case = 3 points
2. Patient risk factors
 - a) ASA 4 = 1 point
 - b) BMI 40 or above = 1 point
 - c) ENT = 1 point.
 - d) Established use of CPAP- subtract 1 point
3. Significant post-op narcotic use expected
 - a) Unlikely (includes ortho cases done with block) = 0 points
 - b) Likely = 1 point

MINOR CASES EXCLUDE

- Duration 2 hours or more
- Intubation required
- Intraabdominal
- Shoulder joint
- TURP/TUVP

OTHER RISK FACTORS

- Cardiac clearance per algorithm. No cases in patients with stents < 6 months old if antiplatelet therapy to be held
- Pacemakers permissible, but **ICDs (internal cardiac defibrillators) and CRTs (cardiac resynch therapy devices)** only for minor cases with no cautery and no ESWL
- No cases in patients with non-cardiac IEDs (internal electronic devices) located above the diaphragm: **deep brain stimulator, vagal nerve stimulator, Inspire**, etc.
- MH – known or suspected personal or family history – MAC only
- ESRD on dialysis – MAC only
- Stroke or TIA within 3 months – MAC only
- ASA 3 – no cases of 4 hours or more; ASA 4 – no major cases
- No cases in patients with esophageal disorders that create aspiration risk: **achalasia, s/p esophagectomy, Zenker's diverticulum**
- On admission, conditions that may lead to delay:
 - Diastolic BP or heart rate above 110
 - Room air SaO₂ below 94% with no prior history of lung disease
 - Unexplained findings on auscultation or new SOB